

**United States Soo Bahk Do
Moo Duk Kwan Federation Inc.®**

**APPLICATION
FOR GUP PROMOTION**

FOR H.Q. USE:

T.A.C. APP. _____
 FEE PD. _____
 RECORDED _____
 ID & CERT. _____

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 Testing Date _____ Studio Certification No. _____
 Gup Membership No. _____ Expiration Date _____
 Name of Studio _____
 Name _____ LAST _____ FIRST _____ INIT. _____ Male Female
 Address _____ STREET _____ CITY _____ STATE _____ ZIP _____
 Date of Birth _____ Telephone () _____
 Occupation _____ Education Level _____
 Date of entrance _____ Date of last promotion _____ Present rank _____
 Applicant's Signature _____
 Parent's Signature (if under 18) _____

Recommended by (Instructor) _____ Rank _____ Dan No. _____
 POINT SYSTEM:
 An average score of 9.0 or above: 2 level promotion
 An average score of 7.0 or above: 1 level promotion
 An average score below 7.0: Fail

*AVERAGE SCORE is determined from taking an overall average of:
 1) Average score from Soo Gi
 2) Average score from Jok Gi
 5) Each score from 3-Step Sparr, Free Sparring, Self-Defense, Breaking, and Terminology
 Mail all correspondence to: Technical Advisory Committee
 United States Soo Bahk Do
 Moo Duk Kwan Federation Inc.®
 P.O. Box 154
 Springfield, N.J. 07081
 I recommend promotion of this student to _____ Gup. Average Score _____

FOR STUDIO USE:
 Class attendance _____
 Class in general: _____
 Retest status: _____
 Signature(s) of Examiner(s) and id.#
 1. _____
 2. _____
 3. _____
 4. _____
 5. _____

SOO GI	SCORE	JOK GI	SCORE	HYUNGS	SCORE	OTHERS	SCORE
LOW BLOCK/TUEL OH	/	FRONT HIGH KICK		BASIC FORM #1		3-STEP SPARRING	
MIDDLE PUNCH/TUEL OH	/	FRONT SNAP KICK		BASIC FORM #2		1-STEP SPARRING	
HIGH PUNCH/TUEL OH	/	SIDE HIGH KICK		BASIC FORM #3		FREE SPARRING	
HIGH BLOCK/TUEL OH	/	SIDE SNAP KICK		PYONG AHN CHO DAN		SELF-DEFENSE	
INSIDE/OUTSIDE BLOCK/T.O.	/	ROUNDHOUSE KICK		PYONG AHN E DAN		BREAKING	
OUTSIDE/INSIDE BLOCK/T.O.	/	BACK SNAP KICK		PYONG AHN SAM DAN		CONTROL	SCORE
SIDE PUNCH		INSIDE/OUTSIDE SNAP KICK		PYONG AHN SA DAN		EYE FOCUS CONTROL	
SIDE BLOCK		OUTSIDE/INSIDE SNAP KICK		PYONG AHN O DAN		BALANCE CONTROL	
X LOW BLOCK		SIDE HOOK KICK		PASSAI		BREATHING CONTROL	
2 FIST HU GUL BLOCK		FRONT PUSH KICK		CHIL SUNG IL RO		TENSION & RELAXATION CONTROL	
2 FIST GHUN GUL BLOCK		BACK SPINNING KICK (SHORT)		CHIL SUNG E RO		SPEED & POWER CONTROL	
SOO DO LOW BLOCK		BACK SPINNING KICK (LONG)		CHIL SUNG SAM RO		TIMING CONTROL	
SOO DO MIDDLE BLOCK		FRONT JUMP KICK		YUK RO CHO DAN		DISTANCE CONTROL	
SOO DO HIGH BLOCK		SIDE JUMP KICK		YUK RO E DAN		AVERAGE SCORE FOR CONTROLS	
SPEAR HAND/TUEL OH	/	ROUNDHOUSE JUMP KICK		YUK RO SAM DAN			
SOO DO STRIKE/TUEL OH	/	JUMPING INSIDE/OUTSIDE SNAP KICK					
YUK SOO DO STRIKE		JUMPING OUTSIDE/INSIDE SNAP KICK					
YUK JIN KONG KYUK		JUMPING BACK SNAP KICK					
HAND COMBINATIONS #1		FOOT COMBINATIONS #1					
#2		#2					
#3		#3					
#4		HAND & FOOT COMBINATIONS #1					
#5		#2					
AVERAGE SCORE FOR SOO GI		AVERAGE SCORE FOR JOK GI					

*EXAMINERS NOTES:

